

# 2010 Kennebec Valley Wrestling Club

## Summer Wrestling Clinic

July 28<sup>th</sup> and 29<sup>th</sup> at Gardiner High School  
40 West Hill Road, Gardiner, ME 04345

### Featured Clinician – Bryan Brunk – Head Wrestling Coach at Messiah College

Since becoming the Messiah College head coach in 2003, Bryan Brunk has been recognized numerous times for the team's success. Brunk has received national and regional recognition on numerous occasions, being named 2004 NCAA D. III Rookie Coach of the Year, 2005 Bob Bubb Coaching Excellence Award, and 2005 MAC Conference Coach of the Year.



### Guest Clinician – Matt Smith – Head Coach of Smitty's Wrestling Barn

Matt Smith was a 4x New England Champion while a wrestler for Timberlane HS in New Hampshire. Smith capped his high school career by winning the NHSCA Senior National Championships. Smitty's Barn has gained recognition for being one of the top training facilities in New England with wrestlers traveling many miles to attend practices. The Smitty's Barn team recently finished third out of 32 teams at the Flo National Duals.

**Smith will focus on leg riding and tilts during his sessions.**

**This camp is suitable for High School wrestlers and experienced Middle School wrestlers.**

A USAW league card (\$10, available through KVWC club director Terry Devereaux) is required. This card will also be required at four 2010 summer tournaments in Maine.

**Cost: \$85 which includes a T-shirt and a clinic technique DVD**

Sessions: 9:00 am through 12:00, lunch break, 12:40 pm through 4:00 Clinic format will involve technique sessions and live wrestling. Enrollment limited to 50 wrestlers.

For More Information: email Terry at [terryd198@yahoo.com](mailto:terryd198@yahoo.com) or call 207.621.1978

Entry form available at [www.insidemainewrestling.com](http://www.insidemainewrestling.com) Limited enrollment! Register early.

