



## **BRAWLIN' LOBSTA WRESTLING CLINIC'S MAY 2010 @ the University of Southern Maine**

The 'USM' Brawlin' Lobsta Wrestling Club will be offering (3) Weekend Wrestling Clinics at the University of Southern Maine throughout May. This includes our first Lady Lobsta Wrestling Clinic to support and showcase TOUGH Maine Girls Wrestling! Our highly successful clinics will run between 10am and 2pm on the dates below and will offer collegiate level technique and intense LIVE WRESTLING! Get ready for the Spring/Summer season by attending these Wrestling Clinics!

### **GIRLS & BOYS FROM ALL STATES ARE WELCOME**

When:

May 1st and 2nd Lady Lobsta's Wrestling Clinic (Girl's only)

May 15th and 16th Jr. High School/High School (all welcome)

May 22 and 23rd: Jr. High School/ High School (all welcome)

Time: 10:00am to 2:00pm

Where: University of Southern Maine- Gorham Campus

Cost: \$40.00 per day; \$75.00 for both days- Includes Club T-Shirt!

REGISTER BY WEDNESDAY APRIL 28th by contacting Coach Pistone @ 207-233-9044 207-233-9044;

email: [jpistone@usm.maine.edu](mailto:jpistone@usm.maine.edu); [jpistone99@yahoo.com](mailto:jpistone99@yahoo.com)

Wrestling Schedule:

10:00-10:30 Warm-up

10:30-11:00 Drilling

11:00-12:00pm Technique Session

12:00-12:30 Light Lunch

12:45- 2:00pm LIVE WRESTLING

### **Clinicians include:**

Coach Pistone  
Head Wrestling Coach-USM  
NCAA All American

Matthew Ulrich  
NCAA All American  
NCAA New England Champion

Coach Mike Morin  
3x NCAA New England Conference Champion  
2x NCAA All American  
2x NCAA Scholar All American

Kelly Golek  
USGWA All American  
2X USGWA National collegiate champion  
2X ME State Girls Invitational Champion  
2X USGWA New England Champion

Coach Doug Christensen  
3x NCAA New England Conference Place winner  
2x NCAA Scholar All American  
NCAA Championships Alternate